



PEAKS & TIDES, LLC
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2017 SUMMER SAILING CAMP



Peaks & Tides offers a unique learning opportunity for children of all abilities in Southwest Colorado.

Whether you want your beginner sailor to enjoy their first time on the warm waters at Lake Navajo, or you are preparing for a family charter experience, Peaks & Tides offers a safe, fun way for your child to enjoy sailing. Our instructors are enthusiastic sailors and seasoned outdoor leaders that will engage young sailors by helping them explore their independence and build character while honing their observations skills, using practical math, science and technology, and developing environmental stewardship.

Progression & Skill Levels

- ◆ **Minifish**- For older students, or students who are already acquainted with the basics, with the main focus on mastering basic skills for strong sailing foundations. By the end of class, most sailors will be able to put together a Minifish and sail it light wind.
- ◆ **O'Day 14' & Precision 15'**- For children who have not sailed before. Learn knots, the rigging basics, tiller control and how to handle the equipment. Students will be able to operate these boats single handedly, or as crew

Schedule

Camp runs every Saturday in September from **9:00am to 2:45pm** on Lake Navajo at Navajo State Park in Arboles, CO.

Transportation is provided from Durango. The bus is equipped with seatbelts and will meet at **7:45am** at the Durango Recreation Center parking lot in front of the ball fields. Parents will pick up their sailors at the same location at **4:00pm**. If parents would like to provide their own transportation, please note that there is a fee to enter Navajo State Park and this fee will be your responsibility to pay each day.

Tuition: \$395.00

First Day of Camp

We will welcome the sailors to camp with an orientation. Sailors will get to know their instructors and mates

Safety is our priority. The orientation will be followed by a required swim evaluation near the dock. Our instructors will oversee and explain the evaluation. There will also be a doc safety orientation along with an overview of basic camp rules.

- ◆ **Swim Evaluation:** Sailors will swim 20' along side the dock unassisted with an instructor in the water and briefly tread water.
- ◆ **Rigging Basics-** Students will primarily be sailing the small boats at windsurfer beach

Last Day of Camp

Our crew will invite parents to the Lake for a BBQ Pirate Potluck Party. Sailors will get to show off their sailing skills with their parents during this fun beach day!



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What to bring?

Sailors should arrive prepared each day of camp. Non-cotton fabrics are highly recommended as they dry quickly, do not hold water, and keep kids comfortable.

Each Sailor needs to bring:

- Swim suit and towel
- Complete change of clothes (fleece, t-shirt, pants, raincoat, socks)
- Sun hat and sun glasses (keepers are recommended as these items are likely to go overboard!)
- Water bottle
- Closed-Toed water shoes
- Sunblock (at least 30 SPF)
- Coast Guard Type III PFD (we have a number to borrow)
- Snack & Lunch
- Water Bottle

*Please do not bring ANY electronics! They could easily become damaged and we cannot be responsible for their loss.

Instructors

Instructors are American Sailing Instructor Certified Instructors and have prior experience working with children of all ages in an outdoor learning environment. All Peaks & Tides staff are CPR/First Aid Certified. You will receive the name and contact information for the Lead Instructor for the session that your student is attending by the morning of the first day.

We anticipate a 3:1 student to instructor ratio for the majority of the camp hours.

Enrollment Checklist

- Enrollment Form
- Tuition

FAQ

Q. I have a concern or issue, who should I talk to?

Serious concerns should be brought to the direct attention of the Director of the Summer Sailing Camp, although the Lead Instructor should be able to resolve most issues as they have the day-to-day experience with the students and will usually have a resolution. If your need is urgent and during sailing hours please call 970-903-6036, or 970-759-3604.

Q: It's Raining!

Camp is held rain or shine! In the event that class is cancelled, students will be called at home the night before and informed of the cancellation.

Q: My Child is sick

Please call your Lead Instructor and let them know so they do not wait for your child.

Q: My child is reluctant to continue

Please send them back! With your encouragement and instructors experience with encouragement and motivation, your child will be back on the water by the end of class and loving it!

Q. What if my child gets hurt?

In the unlikely event an instructor administers first aid they will complete a report. The report will be sent home at the end of the day. Serious injuries will be reported to the parent/emergency contact immediately.